



Friday 17th October 2025

Dear Parents,

World Mental Health Day – Hello Yellow!

Last Friday, we joined thousands of schools across the country in celebrating World Mental Health Day and saying Hello Yellow to support Young Minds.

Our pupils took part in thoughtful PSHE sessions, exploring how we can look after our mental health by connecting with our feelings, using our Zones of Regulation, and adding ideas to our Connection Boxes. Together, we talked about how small actions—like talking to someone we trust, getting outside, or doing something we love—can make a big difference.

We're proud to share that we raised an incredible £129.50 for Young Minds—a huge thank you to everyone who contributed!

School Dinners Boost

Since adding freshly baked baguettes to the menu, uptake of school dinners has jumped—children love the fresh, grab-and-go choice. Baguettes are a healthier swap and we're already seeing less food waste as plates are cleared. A huge thanks to our kitchen team. This is a short trial: we'll keep monitoring, explore even healthier fillings (think lean proteins, more salad, and wholegrain where possible), and consider making it a regular feature.

Stars of the Week

Huge congratulations to our Stars of the Week, who have each shown how **Creativity**, **Reflection**, **Empathy**, **Independence**, **Resilience**, and **Curiosity** can light up our classrooms. We are so proud of the way these children are developing their learning journey this term and setting a brilliant example for us all to follow.



T: 01288 352731 Website: www.budejuniors.org.uk Email: hello@budejuniors.org.uk
Bude Primary Academy, Broadclose Hill, Bude EX23 8DR

A Company Limited by Guarantee. An Exempt Charity
Registered in England & Wales - Company No. 07387540
Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





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Community Cooperation

A huge thank you to our local Co-op for continuing to donate fresh fruit for breaktime snacks, and to our brilliant PTA for organising it. This support means every child can grab a healthy bite—especially those who may have forgotten a snack or are still hungry after breakfast—so they can refuel and get back to learning. We're incredibly grateful for this kindness and community spirit.



Guest Speaker Opportunity – Electrical Engineer Needed for Year 6!

As part of our Year 6 science and technology learning, we're hoping to welcome a guest speaker who works in electrical engineering to share real-world applications of circuits and inspire our pupils about future careers in STEM.

If you are an electrical engineer, or know someone in the community who might be willing to visit and talk with our children, we'd love to hear from you! This would be a wonderful opportunity for pupils to see how the concepts they are learning in class are used in everyday technology and to ask their own questions about the world of engineering.

If you can help, please contact the school office — we'd be very grateful for your support in bringing science and technology to life for our learners.

Sustainable Savings: Uniform to Share Keep in

We have a wide selection of school coats available free of charge, along with many pairs of boys' trousers. These can be found in the Parents' Hub, located at the Infant School.

We warmly encourage families to make use of this resource, whether it's picking up what you need or donating outgrown uniform. Sharing in this way supports sustainability, helps reduce costs for families, and ensures every child has what they need to feel Ready, Respectful, Safe – Together.

PE Days

| Monday | Tuesday | Wednesday | Thursday |
|----------------------------|---------------------------------|-----------|-----------------------|
| Year 3 Year 5 Year 6 | Year 3 Year 4 Poppy Class | Year 4 | Year 6 Poppy Class |





Bude Primary Academy

Head of School – Mr James Pritchard

Friday 17th October 2025

Diary dates

| | |
|--|---|
| WC 20 th October | Meet the Teacher meetings – book on the Arbor app |
| Friday 24 th October | Inset day – no pupils in school |
| WC 27 th October | Half Term |
| Friday 31 st October | Christmas Card Competition Deadline |
| Monday 3 rd November | Return for Autumn 2 |
| Wednesday 5 th November | Year 3 Trip – sign up on ParentPay |
| Thursday 6 th November AM | Tempest family photos from 8am and then individual photos |
| Thursday 6 th November PM | Nasal Flu Vaccinations |
| Thursday 13 th November | PTA Bingo Night at Rosie's – see poster below |
| WC 17 th November | Year 6 Swimming – sign up on ParentPay |
| 20 th and 27 th November | Poppy class swimming – sign up on ParentPay |
| WC 24 th November | Year 5 Swimming – sign up on ParentPay |
| 30 th November | Deadline for Year 6 pupils to sign up for the Bristol residential in July 2026 – sign up on ParentPay |
| Friday 19 th December | End of Autumn 2 |

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Bude Primary Academy PTA

PRIZE BINGO NIGHT

JOIN US FOR AN EVENING OF FUN AND GREAT FOOD
 HELP US RAISE SOME MONEY FOR OUR SCHOOLS
 BINGO BOOKS £10 EACH, CASH FLYER AND RAFFLE £1

| DATE & TIME | LOCATION | EYES DOWN |
|---------------------------------------|------------------------|-----------|
| THURSDAY 13 TH NOVEMBER | ROSIES KITCHEN BUDE | 7pm |

Full menu available 5pm-6.30pm.
 Small meal special just £7!
 Menu link:
<https://rosieskitchen.co.uk/menu-1>

BOOK YOUR TABLE NOW
 Email budepta@gmail.com or
 contact 07380522351

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