



Bude Primary Academy

Head of School – Mrs Sarah Robinson

Friday 25th November 2021

Dear Parents/Carers

School lunch menu – Week 2

Christmas lunch Wednesday 15th December

Please see the attached poster.

Your child will need to order their Christmas lunch in advance. There will be a list in their classroom so they can choose if they would like a Christmas lunch either the meat option or vegetarian option or are bringing a pack lunch from home.

Children in Need

A big thank you to everyone who donated to Children in Need, in total we have raised £161.00!

Road Safety awareness – Be Bright Be Seen

Being visible to road users is very important, especially as we approach winter. Adding something bright or reflective to your child's uniform helps keep them safe.



Here are the winners from each class, including Dexter in Poppy class.

Northcott were super bright! They would definitely be seen by road users on the way to and from school. Thank you to everyone taking part. #roadsafety



T: 01288 352731 Website: www.budejuniors.org.uk Email: juniorsecretary@budeprimary.org
Bude Primary Academy, Broadclose Hill, Bude EX23 8EA

A Company Limited by Guarantee. An Exempt Charity
Registered in England & Wales - Company No. 07387540
Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





Bude Primary Academy

Head of School – Mrs Sarah Robinson

Friday 25th November 2021

School photos

Individual photos were taken today. If you would like to order, please **order online** with the details that are provided on the order form given to your child today. Please order before next Friday to guarantee delivery before the end of term. If you pay by cash/cheque in the envelope provided, please deliver to the school office by Thursday 2nd December.

Miss Jane Putnam

We are putting a gift together for Miss Putnam and **we need your help**. Miss Putnam has worked at Bude Juniors for an incredible 36 years! We are asking if any of you have any memories you would like to share, as she would have taught many of you too!

If you want to share any memories, please email juniorsecretary@budeprimary.org

Reminder - Year 5 Stargazing evening 1st December

Year 5 children are invited to join us for an evening of fun linked to our 'Stargazing' project this half term. An email has been sent to Year 5 parents/carers with full details. The evening will run on Wednesday 1st December from 3.10pm (straight after school) until around 6pm. **Please consent on ParentPay.**

Year 3 Ecology and Geology walk – Thursday 2nd and Friday 3rd December

Year 3's project this half term is Rocks, Relics and Rumbles. They will be putting this learning into practice as they head to Summerleaze beach to explore Bude's rocky shore, with the aid of The Shoreline experts. Crooklets will be going on Thursday 2nd December and Millook will be going on Friday 3rd December. **Please consent on ParentPay.**

Absences

If your child is absent from school, please let the office know before 9am. You can leave an answerphone message, send an email to juniorsecretary@budeprimary.org or telephone the office. Please leave full details of why your child is absent.

After School Club Changes from Monday 29th November

If your child uses the After School Club, to improve booking in to our After School Club facility we are asking you book your child in to the club by contacting the school office. 01288 352731 or juniorsecretary@budeprimary.org

We have no plans to change how Breakfast is booked so please continue to use Parent Pay for Breakfast Club booking and payments beyond 29th November.

T: 01288 352731 Website: www.budejuniors.org.uk Email: juniorsecretary@budeprimary.org
Bude Primary Academy, Broadclose Hill, Bude EX23 8EA

A Company Limited by Guarantee. An Exempt Charity
Registered in England & Wales - Company No. 07387540
Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





Bude Primary Academy

Head of School – Mrs Sarah Robinson

Friday 25th November 2021

Help us raise money for Poppy class

We're delighted that 'POPPY CLASS' (BUDE PRIMARY ARB), has been chosen to benefit from the Co-op Local Community Fund and we are appealing for you to support us.



We're urging our parents/carers to choose us as their cause as we're raising funds to develop our class outdoor learning area as is explained on our cause page found at www.membership.coop.co.uk/causes/56887

When Co-op members buy selected Co-op branded products and services, 1p from every pound spent goes to support local causes like ours.

You can join the Co-op for £1 and then can select us as the local cause by visiting www.coop.co.uk/membership

Music lessons

If you would like to sign up for music lessons, please visit

<http://cornwallmusicservicetrust.org/signup/> They offer guitar, drums, flute, clarinet, and brass.

Kate Tidball is offering violin lessons please contact

ktidball@cornwallmusicservicetrust.org if you would like to sign up.

Facebook page

We have a Facebook page at the Junior school. @BPAjuniors please search for this in Facebook or click on the link below.

www.facebook.com/BPAjuniors



Diary dates

Wednesday 15 th December	Church visit, Christmas dinner, Christmas Jumper Day
Friday 17 th December	Carol service outdoor, Last day of term
20 th December – 3 rd January	Christmas holidays
Tuesday 4 th January	Return to school
Friday 18 th February	Inset Day
Monday 25 th and Tuesday 26 th July	Inset Days

Year 6 Residential

Please ensure that you have given consent and paid the first instalment on ParentPay.

T: 01288 352731 Website: www.budejuniors.org.uk Email: juniorsecretary@budeprimary.org
Bude Primary Academy, Broadclose Hill, Bude EX23 8EA

A Company Limited by Guarantee. An Exempt Charity
Registered in England & Wales - Company No. 07387540
Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD





Bude Primary Academy

Head of School – Mrs Sarah Robinson

Friday 25th November 2021

Parent Pay school meal account

Please settle your child's ParentPay account as soon as possible so that your child has a £0 balance or credit balance.

Notes from the office:

- Should you be happy for your child to walk home, or leave school accompanied, please can you telephone the office so we can amend the consent section on their records.
- Please let the office if you need to change your contact details. It is important we have an up-to-date telephone number.
- **The office is open from 8:30 – 3:30pm.** – please leave a message and we will get back to you or email juniorsecretary@budeprimary.org

Message from Emma Thomas (Family support adviser)

As part of my role, I support families with many issues, such as emotional support, problems with bedwetting, difficulty with sleep, diet, behaviour management and much, much more. I am always here to listen and offer help and advice to make changes.



Recently there have been some children who are struggling with Sleep, here are some tips:

- Dim the lights in the hour before bed to help to produce melatonin
- Avoid screen activities in the run up to bedtime, the blue light from the screens can suppress the sleep hormone
- Keep a sleep diary for 2 weeks and use to establish the amount of time your child needs to sleep and to notice patterns- if anybody would like a copy of the recommended sleep diary, please let me know
- exercise during the day and relaxation at night such as a bath, a bedtime story, colouring etc
- avoid full meals close to bedtime- ideally 3 hours before
- cherry juice, bananas and dairy products can aid sleep

I am more than happy to offer support if you need it, I also recommend [Home - The Sleep Charity](#)

If you need an appointment during school hours these can be arranged via email or text: emma.thomas@budeprimary.org or 07772296182.

T: 01288 352731 Website: www.budejuniors.org.uk Email: juniorsecretary@budeprimary.org
Bude Primary Academy, Broadclose Hill, Bude EX23 8EA

A Company Limited by Guarantee. An Exempt Charity
Registered in England & Wales - Company No. 07387540
Registered Office: Aspire Academy Trust, Unit 20, St Austell Business Park, St Austell, Cornwall PL25 4FD

