

# PE and School Sport Action Plan

## Bude Junior School 2021–2022

**Key Indicators** – The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

The total funding for the academic year	2021/22	Funding allocated – £18,600 + £6758.03 brought over from 2020/21
Lead Member of Staff – David Bevan	2021/22	Governor responsible-Aspire
<b>Total fund allocated-£25, 358. 03</b>		

Overview Intent	Overview Implementation	Overview Impact
<p>At Bude Primary Academy, our vision is to encourage children to engage in a healthy lifestyle and understand the importance of physical activity.</p> <p>Through Physical Education, the children are given many opportunities to practice and display our school values: resilience, reflection, collaboration, curiosity and independence.</p> <p>Our staff and children are enthusiastic about PE and this is shown through teachers' attitude towards the teaching of high quality PE. We want our children to develop into confident and competent learners across a broad range of physical activities.</p> <p>We will do this by providing our children with a wide range of opportunities to participate in physical exercise, both in a competitive and non-competitive environment. Through the Bude local cluster events, Arena Schools Partnership and Aspire competitions our children are invited to attend festivals and tournaments at both inter and intra school levels.</p> <p>Through a variety of sporting opportunities, we will support the children in demonstrating sportsmanship and leadership values. We want to offer a broad range of physical activities for our children by running lunchtime and afterschool clubs; these are run by school staff and external coaches.</p> <p>Bude Primary works closely with local clubs by both signposting the children to the opportunities available and sharing facilities (Bude Football Club use Bude Primary's sports field whilst maintaining it and Bude Cricket Club allow the school to use their ground for tournaments/festivals).</p>	<p>To successfully embed our Physical Education values at Bude Primary Academy we are:</p> <ul style="list-style-type: none"> <li>• Raising the profile of PE and sport across the school as a vehicle for whole school improvement.</li> <li>• We provide each year group with at least 2 hours of exciting, fun and active PE lessons each week.</li> <li>• Learn about healthy diets and identifying what food types our body needs.</li> <li>• At lunchtimes having a well-balanced menu for the children to choose from.</li> <li>• The engagement of ALL pupils in regular physical activity</li> <li>• A broader experience of a range of sports and activities offered to all pupils through the Bude cluster, Arena school sports partnership, Aspire festivals and Adventure International (Bude)</li> <li>• Ongoing CPD opportunities for all staff to develop knowledge through Arena coaches (all staff will have gymnastics CPD during 2021/2022)</li> <li>• Increased participation in competitive sports</li> <li>• Yr. 6 children modelling sportsmanship and leadership qualities at lunchtimes</li> <li>• Outdoor learning takes place for targeted children-woods.</li> <li>• Children are given the opportunity to develop their leadership skills by leading PE warm ups and activities.</li> <li>• Lunch time club for playground leaders to develop leadership</li> <li>• Sports week to promote and raise the profile of PE and school sport</li> </ul>	<p>Our Physical Education curriculum (Arena planning and Assessment) is high quality, well thought out and is planned to demonstrate progression.</p> <p>The children are taught following the progression of the PE curriculum which supports the combination of motor and cognitive development. We measure the impact of our curriculum through the following methods:</p> <ul style="list-style-type: none"> <li>• Using the Arena assessments to monitor progress from the start to end of a sequence of learning.</li> <li>• Participating in the School Games Marks award</li> <li>• Holding termly intra competitions in school to observe the skills taught throughout the current sequence of learning through the re-established 'Houses'</li> <li>• Children in our school can explain how they try to keep healthy through exercise and diet. When asked, a child can give an example of how someone could stay healthy.</li> <li>• Pupil conferencing regarding evaluating PE lessons and extra activities</li> <li>• Teacher conferencing regarding the impact of the ongoing CPD</li> <li>• Analyse data regarding after school club and competitions</li> </ul>

Activity/Provision	Key Indicator Links	Cost	Allocation of Budget %
Coaches-Curriculum	1, 2, 3	£10,179	40
Coaches-After School Club	1, 2, 4	£3,213	13
Aspire Contribution (+YTS and other events)	1, 2	£1000	4
Playground Marking	1, 2	£870	4
Wild Tribe Training	3	£250	1
PE Equipment	1, 2	8846	
Adventure International Extra-Curriculum Activities	4	500	2
Sports Day and Festivals	2, 5	500	2

Key achievements to date 2021/22:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> <li>• All staff upskilled in the teaching of gymnastics</li> <li>• Playground leaders introduced to ensure active playtimes</li> <li>• Increase in the number of different sports offered in curriculum time and after school clubs</li> <li>• Subject Leader in PE - awarded subject leader accreditation and this has supported the leadership of PE.</li> <li>• After YST audit the school have been awarded Bronze and an action plan put in place to move to silver in 2022.</li> </ul>	<ul style="list-style-type: none"> <li>• To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place.</li> <li>• To improve monitoring and evaluating of PE- currently Bronze</li> <li>• To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity.</li> <li>• To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity.</li> <li>• To upskill pupil leaders within the school to promote health and well-being.</li> <li>• To deliver outdoor learning programme, Wild Tribes, to engage reluctant</li> </ul>

**Key Indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school**

Intent	Implementation	Impact	Sustainability and next steps
<p>To develop playground games with the support staff and Yr.6 leaders</p> <p>To purchase equipment to increase activity at playtimes and lunchtimes. To support playground leaders and ensure children are active.</p> <p>Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE.</p> <p>Healthy hearts and healthy minds programme to encourage to children to be active and developing mindfulness and well- being. – 30 weeks with a lunch time club</p>	<p>Yr. 6 leaders will engage children by modelling and leading games during lunchtimes. Rota set up to ensure children get a variety of activities</p> <p>Yr. 6 leaders to look after lunchtime equipment</p>	<p>Increase in all pupils now taking part in regular playtime activities weekly ( data collected through absolute education)</p> <p>Equipment purchased and used to support delivery of physical activity. This has supported the delivery of new activities including in the curriculum and after school</p> <p>Children understand how to lead a healthy active lifestyle. Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles(Parent and pupil conferencing)</p>	<p><b>Next Steps</b> Update other areas of the playground and investigate a trim trail for the field.</p> <p><b>Sustainability</b> Continue to train playground leaders annually to ensure delivery can continue.</p> <p><b>Next Steps</b> Maintain a log of equipment and put a replacement budget in place.</p> <p><b>Sustainability</b> Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area.</p> <p><b>Next Steps</b> Ensure there is a rotation of activities to continue to engage the children.</p> <p><b>Sustainability</b> Review active maths programme and extend to active literacy and cascade training to all staff.</p>

**Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement**

Impact	Implementation	Impact	Sustainability and next steps
<p>To develop a sports council for the school to raise the profile of PE and school sport</p> <p>To continue to develop notice board in school to raise the profile of PE and School Sport for all visitors and pupils</p> <p>Children take pride in their own sporting achievements as well as those of others</p> <p>Sporting achievements celebrated in whole school assembly so that the whole school is aware of the importance of PE, and how others can celebrate you as a result of your physical exercise and sport</p> <p>Children apply their resilience in sporting challenges into academic performance and vice versa Develop sense of 'team' across houses, year groups, the whole school and the wider community</p>	<p>Regularly share sporting achievements on school twitter, within assemblies and on newsletters</p> <p>Sports day to include a mix of competitive/noncompetitive sports to promote encouragement, enthusiasm, participation and pride in physical activity</p> <p>Update and "reinvent" school houses, to reinvigorate sense of identity within each team. Introduction of school kits, to promote sense of team , identity and pride.</p>	<p>10 pupils a member of the Sports council. Pupils being given the opportunity to make key decisions about PE and School Sport within the school which has raised the profile of PE and school sport.</p> <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils. – to recognise achievements in PE</p> <p>Parents, children and staff are able to articulate and celebrate sporting successes, inside and outside school. Increased desire from children to compete for the school, each other, and themselves. Children able to identify healthy lifestyle choices and sporting achievement as linking to the wider curriculum (e.g Science/Health &amp; Relationships)</p>	<p><b>Next steps</b> Continue to provide sports leadership opportunities for children.</p> <p><b>Sustainability</b> Continue to develop and extend opportunities for the sports council to train younger members of the school to ensure the profile of PE remains high.</p> <p><b>Next Steps</b> Continue to find interesting and innovative ways of celebrating sports achievement.</p> <p><b>Sustainability</b> Recruit volunteers to support in the delivery of after school clubs as a result of a recruitment campaign in assemblies and other sports events.</p>

**Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

Impact	Implementation	Impact	Sustainability and next steps
<p>CPD-Employment of specialist coaches to upskill staff and deliver PE and school sport</p> <p>TA to complete Wild Tribe training</p> <p>Improve assessment throughout the school</p> <p>Improve monitoring and evaluation</p> <p>CPD training opportunities for DB through the aspire trust and membership of YST</p>	<p>Arena coaches lead (at least) one sport for every class giving BPA staff high quality CPD. All classes have Arena coach for gymnastics</p> <p>Staff to use Aspire Gold/Silver/Bronze to assess children. Record on class spreadsheet</p> <p>From YST audit-Improve monitoring and evaluation of PE-currently Bronze. To achieve Silver:</p> <p><i>'There is regular monitoring and evaluation of the quality of PE, particularly the curriculum intent, implementation and impact through appropriate monitoring processes such as learning walks, lesson observations and team teaching. A range of pupils are actively involved in reviews and their views are considered via questionnaires and other forums. This information reliably informs future PE development plans'.</i></p>	<p>Inclusive PE curriculum which up skills teachers and pupils. All staff trained in gymnastics Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum</p> <p>Parents are aware of the progress their children are making in PE and school sport as a result of a new assessment system. Attainment in PE has improved with more children achieving silver in PE across the school. Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the consistent use of schemes of work across the school.</p>	<p><b>Next Steps</b> Build into future inset training whole school training in PE and school sport.</p> <p><b>Sustainability</b> Staff to deliver inset training to whole school on key elements as a result of attending the outdoor training, gym and dance To ensure outdoor learning continues at the school.</p> <p><b>Next Steps</b> Continue to support the development of subject leadership whole school.</p> <p>Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.</p>

**Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils**

Impact	Implementation	Impact	Sustainability and next steps
<p>Year 5 surfing opportunity to engage children in an alternative non games based sport.</p> <p>4 x after school clubs - 30 weeks</p> <p>Girls Football Club-train TA</p> <p>Outdoor OAA adventure international 3 days of activity - Year 6</p> <p>To investigate the opportunity for all year groups to access an OAA activity in the summer term.</p>	<p>Bude Primary to work with Adventure International to offer non-curriculum activities</p> <p>TA trained by Aspire Head of Girls Football leading to a girls football club</p>	<p>Increase 10% of disengaged pupils now involved in sporting activities on a regular basis.</p> <p>Increase in the number of girls attending an after school club</p> <p>Children who have taken part in clubs have increased confidence and self- esteem and are more willing to try a new activity.</p>	<p><b>Next Steps</b> Continue to broaden the range of alternative sports delivered.</p> <p>Wider range of opportunities will continue to be offered to engage disengaged pupils.</p> <p>Needs of target groups continue to be addressed.</p>

**Key Indicator 5: Increased participation in competitive sport**

Impact	Implementation	Impact	Sustainability and next steps
<p>To compete in the Bude cluster competitions/Aspire competitions</p> <p>TO review the framework mark and SGO to support with the framework application.</p> <p>Bude Primary to host Kwik Cricket tournament (at Bude Cricket Club)</p> <p>Investigate entry into open level 2 competitions.</p> <p>Intra competitions</p>	<p>Engage with the School Games Organiser and network within the Sports Partnerships</p> <p>Engage more staff and young leaders when offering sport</p> <p>Use external coaching in PE sessions to develop skills and teams, in line with the competition calendar.</p> <p>Continue to build contacts with local clubs to provide additional coaching and taster sessions to broaden the experience for all children</p> <p>Intra competitions held every term using the revamped 'Houses'</p>	<p>Working in partnership to increase participation and success in competition.</p> <p>10% increase in the numbers of pupils participating in competitive opportunities against other schools.</p> <p>Children are more confident at taking part in competitions and leadership skills have improved as a result of children competing against other schools.</p> <p>Increase in the numbers of pupils participating in competitive opportunities within school.</p>	<p><b>Next Steps</b> Year on year increase of the number of children taking part in competition.</p> <p>10% increase in the number of children taking part in level 2 and 3 competitions.</p> <p><b>Sustainability</b> Volunteers recruited to support the delivery and organisation of sports events and competitions. MAT competitions set up with staff upskilled to deliver them.</p>



## Swimming

What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	% to be updated in June 2022
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	% to be updated in June 2022
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	% to be updated in June 2022
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	Yes/No

Break down of Arena coaches' costs:

### **Monday**

30 weeks 2 hours Curriculum x 1 session = £2970 (teachers rate includes 10% off list price)

6 weeks 2 hours curriculum x 1 session = £405 (coaches rate includes 10% off list price)

### **Tuesday/Thursday**

36 weeks 2 hours curriculum x 2 sessions = £4536 (coaches rate includes 10% off list price)

### **Monday/Tuesday/Thursday**

36 weeks 1 hour asc x 3 sessions = £3213 (coaches rate includes 10% off list price)

### **Friday**

34 week 2 hours curriculum x 1 session = £2268 (coaches rate includes 10% off list price)

**Total £13392**