

Physical Education

Intent:

At Bude Primary Academy, our vision is to encourage children to engage in a healthy lifestyle and understand the importance of physical activity.

Through Physical Education, the children are given many opportunities to practice and display our school values: resilience, reflection, collaboration, curiosity and independence.

Our staff and children are enthusiastic about PE and this is shown through teachers' attitude towards the teaching of high quality PE. We want our children to develop into confident and competent learners across a broad range of physical activities.

We will do this by providing our children with a wide range of opportunities to participate in physical exercise, both in a competitive and non-competitive environment. Through the Bude local cluster events, Arena Schools Partnership and Aspire competitions our children are invited to attend festivals and tournaments at both inter and intra school levels.

Through a variety of sporting opportunities, we will support the children in demonstrating sportsmanship and leadership values. We want to offer a broad range of physical activities for our children by running lunchtime and afterschool clubs; these are run by school staff and external coaches.

Bude Primary works closely with local clubs by both signposting the children to the opportunities available and sharing facilities (Bude Football Club use Bude Primary's sports field whilst maintaining it and Bude Cricket Club allow the school to use their ground for tournaments/festivals).

Implementation:

To successfully embed our Physical Education values at Bude Primary Academy, the staff and children are involved with the following:

- Raising the profile of PE and sport across the school as a vehicle for whole school improvement.
- We provide each year group with at least 2 hours of exciting, fun and active PE lessons each week.
- In PE lessons, teachers reference how exercise helps the body in different ways.
- In Science, from Yr3 looking at a healthy diet and identifying what food types our body needs.
- At lunchtimes having a well-balanced menu for the children to choose from.
- The engagement of ALL pupils in regular physical activity
- A broader experience of a range of sports and activities offered to all pupils through the Bude cluster, Arena school sports partnership, Aspire festivals and Adventure International (Bude)
- Ongoing CPD opportunities for all staff developing knowledge and understanding of different physical activities offered through Arena coaches (all staff will have gymnastics CPD during 2021/2022)
- Increased participation in competitive sports

- Yr. 6 children modelling sportsmanship and leadership qualities at lunchtimes

- Outdoor learning takes place for targeted children-woods.
- Teachers are encouraged to use active brain breaks during school time involving short vigorous aerobic activity
- Children are given the opportunity to develop their leadership skills by leading PE warm ups and activities.
- Lunch time club for playground leaders to develop leadership
- Sports week takes place on an annual basis to promote and raise the profile of PE and school sport

Impact:

Our Physical Education curriculum (Arena planning and Assessment) is high quality, well thought out and is planned to demonstrate progression.

The children are taught following the progression of the PE curriculum which supports the combination of motor and cognitive development. We measure the impact of our curriculum through the following methods:

- Using the Arena assessments to monitor progress from the start to end of a sequence of learning.
- Participating in the School Games Marks award
- Holding termly intra competitions in school to observe the skills taught throughout the current sequence of learning through the re-established 'Houses'
- Children in our school can explain how they try to keep healthy through exercise and diet. When asked, a child can give an example of how someone could stay healthy.
- Pupil conferencing regarding evaluating PE lessons and extra activities
- Teacher conferencing regarding the impact of the ongoing CPD
- Analyse data regarding after school club and competitions